



MEDICATIONS USED IN PREGNANCY AND BREASTFEEDING

Nausea/Vomiting

Dramamine
Vitamin B6 (50mg up to 4 times a day)

Sore Throat

Sucrets
Chloraseptic spray/lozenges

Indigestion/Gas

Maalox
Mylanta/Mylanta Gas
Mylicon
Gas-X
Rolaids
Tums
Prevacid 15-30mg
Pepcid
Prilosec OTC

Headaches/Pain Reliever/Fever Reducer

Tylenol (any Tylenol product)

Hemorrhoids

Preparation H
Tucks Pads

Cold/Flu/Sinus/Allergies

Tylenol
Any Tylenol Cold product
Sudafed
Benadryl
Actifed
Robitussin D.M.
Claritin (not during breastfeeding)
Normal Saline Nasal Spray
Mucinex (not during breastfeeding)
Zyrtec (not during breastfeeding)

Constipation

Milk of Magnesia
Metamucil
Colace (docusate)
Miralax

Diarrhea

Immodium AD
Kaopectate